



FOR IMMEDIATE RELEASE

PracticeWise Supports the Coalition for the Advancement and Application of Psychological Science (CAAPS) Mental Health Summit and Consensus Statement

CAAPS convened a multidisciplinary summit in September 2018 with 40 representatives in attendance from more than two dozen organizations to draft a consensus statement on evidence-based practice decision-making.

SATELLITE BEACH, FL – Feb. 12, 2019 /PRNewswire/ -- [PracticeWise](#), a behavioral health company that helps those who are in the business of helping others lead better lives, supports the recent [CAAPS Consensus Statement](#) on evidence-based practice decision-making for mental and behavioral health care.

Bruce F. Chorpita, PracticeWise Board Member, President, and Co-founder stated, "This widespread consensus is a historic milestone for the field. It moves us all beyond a mere commitment to the proliferation of packaged knowledge and sets the stage for the pursuit of wisdom, that is, the disciplined coordination and synthesis of all relevant evidence to guide us in the mission to improve health and well-being for all people. We can now freely pursue strategies that were once difficult even to imagine-- putting everything known and knowable to work to solve the global mental health burden. This is the dawn of a new era."

The following is the CAAPS Consensus Statement on evidence-based practice decision-making for mental and behavioral health care:

"Evidence-based practice of mental and behavioral health care is an ongoing, collaborative approach to making decisions about services, which includes the following components:

1) Evidence-based practice begins with consideration of the best available basic and applied empirical research evidence when making decisions about mental and behavioral health services.

The limitations of the available empirical evidence are also considered, especially given contextual factors such as developmental level, community/cultural needs, the settings in which the services occur, barriers to services, and the strengths and assets of individuals and communities. The limitations of the evidence base, however, do not impede the retention or adaptation of principles and techniques from the empirical evidence that remain relevant and applicable after consideration of the limitations.

2) Evidence-based practice includes ongoing measurement and evaluation of the impact of services and, if necessary, outcome-informed adjustments to services that are intended to maximize their effectiveness.

3) Providers serve as a guide for collaborative decision-making in evidence-based practice, integrating different sources of information, including recipients' values and preferences, as well as the provider's competence and the organization's capacity to provide effective services."

“It is exciting to see so many behavioral and mental health stakeholders come together and craft a consensus statement about the role of evidence-based practice decision-making. This statement is consistent with the focus, passion and DNA of PracticeWise as a company and we applaud, endorse and support the work of CAAPS to draft and publish this Consensus Statement.” said Bryan J. Stewart, PracticeWise Chief Executive Officer.

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About PracticeWise

Founded in 2004, PracticeWise helps those who are in the business of helping others lead better lives. We prioritize and deliver the best available evidence in order to enable behavioral health providers and the systems they work in to be as efficient and effective as possible by helping them to know what to use when based on knowledge and context. PracticeWise provides training, tools and resources that help individuals working with children and families to help kids get better faster. Find more information about how PracticeWise is serving and shaping the future of behavioral health at www.practicewise.com.

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